

The Division of Community
Health provides the following
preventive medical services for
Utah County residents:

Immunizations

Walk-in clinics provide childhood, adult and international travel immunizations.

IMMUNIZATION CLINICS:

Provo (No appointment necessary)

Health Dept. M,T,F 8:00 am--4:30 pm 151 S. Univ. Ave. Wed. 8:00 am--7:00 pm Suite 1900 Thurs. 9:00 am--4:30 pm

American Fork (By appointment)

120 N. 1220 E. #10

Mon. 10:00 am--7:00 pm

Payson (By appointment)

439 W. Utah Ave.

1st Tues. 5:00 pm--7:00 pm

Call 851-7025 for an appointment or immunization information

Health Screenings

Education, screening and medical referral.

- Blood Pressure
- Cholesterol by appointment

For more information call 851-7038

Child Health Evaluation and Care (CHEC)

Coordination of medical and dental services for children with a current Medicaid card.

For more information call 851-7058

Breast and Cervical Cancer Screening

Pap test, pelvic and breast exam, instruction in breast self-examination, and referral for mammography. Spanish speaking clinics available. Fee based on income.

By appointment—Call 851-7038

BeWise Program

BeWise services for women 50-64 is an extension of the Breast & Cervical Cancer Screening. Eligibility is based on household income and women with insurance may qualify. Services include free blood pressure check, pap test, cholesterol and blood sugar screening, and a voucher for a free mammogram. A Lifestyle Coach will review screenings and assist women in setting personal goals. For more information or an appointment for Cancer Screening Services: 851-7031, 851-7054, 851-7038



Baby Your Baby Prenatal Assistance

Baby your Baby is a prenatal program designed to assist pregnant women begin prenatal

care and apply for Medicaid coverage. By appointment. No charge. For more information or an appointment call 851-7033 or go to: www.utahclicks.org

Welcome Baby of Utah County

Welcome Baby is a home visitation program for infants and their parents in Utah County, sponsored by Utah County Health Department and United Way of Utah County. Nurses, trained paraprofessionals, and volunteers conduct home visits where assessments are performed and information is provided on attachment, trust, developmental milestones, infant cues and states, brain development, parent-child relationship, safety, and discipline. Nurses visit babies who are premature, have difficulty at birth, or have other risk factors. Volunteers visit first-time parents. For more information or to make a referral, contact Marla Raff at Utah County Health Department 851-7059, Barbara Leavitt at Untied Way 691-5304, or www.unitedwayuc.org/welcomebaby

Communicable Disease Control

Confidential investigation, counseling, testing and treatment of individuals with communicable diseases such as measles, tuberculosis (TB), hepatitis, and sexually transmitted diseases (STD). HIV-AIDS counseling and testing by appointment.

STD Clinic: Walk-in or by appointment Wed. 1:00 - 4:00 pm For information call 851-7025 TB Services—Call 851-7029



School Nursing

Our school nurses oversee first aid, emergency care and chronic disease care plans as well as immunization compliance and health screenings for children in all three Utah County school districts.

Other Services

- Child and Family Health Programs
- Well child exams
- Immigration physicals—For more information call 851-7038
- Women's Health—Provides family planning by a qualified nurse
- Pregnancy Testing

For more information or an appointment call 851-7025

WOMEN, INFANTS AND CHILDREN'S NUTRITION PROGRAM (WIC)



Health assessments, nutritional counseling, lactation support and supplemental food designed for pregnant, post-partum or breastfeeding women, infants and children up to 5 years of age are offered by the WIC Division. Eligibility is determined by income level, medical and nutritional need.

By appointment. No charge. For information call 851-4WIC

WIC Clinics

To apply for WIC, please call the nearest WIC Clinic for an appointment:

Provo: Call 851-7300

Orem: Call 851-7340 (closed Friday)

American Fork (North County):

Call 851-7320 (closed Tuesday and Friday) **Payson** (South County): Call 851-7360

(closed Friday)

Lactation Services: Call 851-7312

Clinic Office Hours

Mon., Tues., Thurs. and Fri. 8:00 am to 5:00 pm. Closed 12:00 -1:00 for lunch

Wednesday: 10:00 am to 7:00 pm Closed 2:00 - 3:00 for lunch

HEALTH PROMOTION

Promoting wise health decisions and practices is the purpose of the Division of Health Promotion. The leading causes of premature death today can be directly linked to personal health choices and practices.

- "5-A-Day" Nutrition Education
- Heart Disease Prevention Education
- Diabetes Awareness
- Utah County Safe Kids Chapter
- Seat Belt Education/Information
- Car Seat Checks by Appointment
- Child Car Seat Safety Classes
- Pedestrian Safety Information
- Bike Helmet Sales and Education
- Bike Rodeo Equipment and Presentations
- Tobacco Cessation (Adult, Prenatal, Teen)
- Utah Tobacco Laws Information
- Tobacco Prevention Education
- Tobacco Free Coalition

Call 851-7095 for information



SUBSTANCE ABUSE

Prevention and Recovery

Education, information, and referral for alcohol and drug abuse treatment services are provided by

the Division of Substance Abuse. Many services are provided by private contractors funded by this division.

- Speakers Bureau and Resource Library
- Adult/Youth Treatment
- Women's Services
- Prevention and Public Education Programs
- Minority Services
- DUI Evaluations and Education
- Methadone Maintenance
- Parent Education Programs
- School Based Programs
- Drug Court Programs

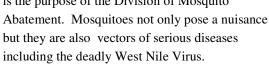
Evaluation and Referral to Treatment

851-7128

For information call 851-7127

MOSQUITO ABATEMENT

Protecting the health and welfare of the citizens of Utah County through the control of mosquitoes is the purpose of the Division of Mosquito



Inspection/Surveillance

- Mapping and Record Keeping
- Larval Surveillance
- Counting and Identifying Species
- Encephalitis Surveillance

Control

- Source Reduction
- Biological Control
- Chemical Control

ENVIRONMENTAL HEALTH

The Division of Environmental Health assists with monitoring and protecting the environmental quality of Utah County as it relates to the health of its residents.



- Air Pollution Control—Vehicle Emissions Program
- Drinking Water
- Septic Tank Inspections and Water Quality
- Food Service Inspections and Food Handler's Permits
- Public Pools
- School Inspections
- School Lunch Inspections
- Solid and Hazardous Wastes
- Underground Storage Tanks
- Tanning Establishment Inspections
- Indoor Clean Air Act Enforcement
- Nuisance Complaints (flies, roaches, etc.)

For more information call 851-7070 or 851-7525

OFFICE OF VITAL RECORDS

The Office of Vital Records is responsible for the timely registration of all deaths which occur in Utah County. They also issue certificates of births, births resulting in stillbirth, deaths or fetal deaths which occurred in Utah County since 1905. Utah State Legislature sets the fees charged.

For more information call 851-7526

SENIOR SERVICES

Foster Grandparents serve as mentors, tutors, and care givers for children and youth with special needs in community organizations such as schools, hospitals, and youth centers.

For more information call (801) 851-7784

Senior Companions provide assistance and friendship to elderly individuals who are homebound and usually living alone, assisting with simple chores, and providing respite for care givers.

For more information call (801) 851-7767

Causes of Early Death

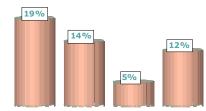
Expected Years of Life Lost by Selected Underlying Causes of Death

Cause of Death	<u>Years</u>	<u>%</u>
Heart disease and stroke	43,578	$2\overline{1.2}$
Malignant neoplasms	36,042	17.5
Motor vehicle injuries	8,317	4.0
Non-motor vehicle injuries	14,154	6.9
Pneumonia and influenza	3,882	1.9
Conditions originating in the		
perinatal period and SIDS	7,954	3.9
Suicide	12,649	6.1
Diabetes mellitus	7,243	3.5
Congenital anomalies	7,214	3.5
Chronic liver disease and		
cirrhosis	3,054	1.5
Chronic obstructive pulmonary		
disease	6,119	3.0
All other causes	<u>55,790</u>	27.0
TOTAL	205,996	100.0

Utah Vital Statistics: Births and Deaths 2001. Years of life lost is computed from the decennial life table 2000 for Utah

What's Really Killing Us?

Preventable deaths from these risk factors:



^{*}Other lifestyle and personal behavior (non-generic) risk factors include microbes, toxins, firearms, sexual behavior, motor vehicles and drug use.

Tobacco Use Diet/Activity Alcohol Use

Based on McGinnis, J.M. & Foege, W.H. (1993). Actual causes of death in the United States. JAMA, 270 (18), 2207-2212.

For additional information regarding the services and programs described in this brochure, please contact:

UTAH COUNTY HEALTH DEPARTMENT

151 South University Avenue Provo, Utah 84601 (801) 851-7000



"creating healthy communities"

Utah County Health Department

An introduction to **Your**Health Department

MISSION

Prevent avoidable disease and injury, and promote health by monitoring the health of our community, and assuring conditions in which people can be healthy.

Visit our Website at:

www.utahcountyhealth.org

